

Guest-Info

GRAINAU



2018



Dear Guests,

**a hearty "Grüß Gott" and
warm welcome to Zugspitze village!**

Grainau is a delightful holiday destination for young and old, solo travelers and families, whatever the season. Look forward to plenty of tranquility and relaxation in untouched nature, with lots of attractions for culture and sports enthusiasts as well.

We offer our guests numerous events all year round. Culture and folklore, guided treks, snowshoe hikes, mountain bike tours, a visit to the game feeding point, family excursions or adventure days ... and that's just a small selection of what we provide.

Keen golfers will also enjoy a restful holiday in Grainau. The pictograms indicate a variety of available services.

Naturally, dog-owners can also enjoy the company of their four-legged friends on holiday; you will find everything you need to know on page 51. All of the options that are suitable for dog-owners are marked with a symbol.

The *GrainauCard* also contributes to your relaxing holiday. Free use of the Eibsee buses and the Zugspitzbahn railway for trips from Grainau to Garmisch and Eibsee (and back) and around the town for the duration of your stay. Each new week you will receive one free entry to the Zugspitzbad spa and a free cruise on Eibsee lake with the electric motorboat "Reserl" (only runs in the summer months). Reduced rates and free admission are also available for many events.

The following pages have everything you need to know about dining out, shopping, excursions, sporting activities, mountains and lakes. Our homepage at www.grainau.de is packed with information about the Zugspitze village of Grainau as well.

Or drop by at the Tourist Information Office for some friendly tips.

**We wish you a pleasant, relaxing holiday,
The Tourist Information Office Team.**



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Explanation of symbols:

 Available in summer	 Available in winter
 Pram-accessible	 Wheelchair-accessible
	 Dogs allowed



Spring

There's a song that perfectly captures the spring months in the Zugspitze village: "Wenns Schneewasser'l lustig vom Dach obarinnt, es waht ja scho wieder a lauwarma Wind" (The wind turns warm when the sun melts the snow, and the water runs down from the roof)... It is a breathtakingly beautiful period, when nature awakes from the long winter, ablaze in its most enchanting colours. The verdant green against the snow-covered mountains is an unforgettably colourful spectacle.



Autumn

The days draw in, the air is crisp and fresh, and nature is revealed in all its variegated majesty. It's the ideal time for hikes and mountain tours. Whether it's the mythical path or a topical trail with the whole family. Alternatively, a gentle stroll followed by relaxing visit to the Zugspitzbad allow the spirit and soul to come to rest as well.



Summer

Bavarian gemütlichkeit, hikes, mountain tours, folklore evenings and park festivals, as well as watersports and bathing fun for the whole family. Visitors to Grainau can enjoy all of this – and much more. The stunning mountain panorama, the Zugspitze and the Waxensteine, ensure you will only take home the best memories of your holiday.



Winter

Snow has descended on the mountains and the Zugspitze village. It's an unbridled delight for all winter sports enthusiasts. Downhill and cross-country skiing, sledging or a spin on the skates on the natural ice rink. People gather for a curling match or a torch-lit hike to a cosy mountain hut for food, drink and live music. It's the ideal spot for snowshoe adventures or to enjoy a delightful stroll to the game feeding point along cleared and gritted trails in the midst of an unforgettable winter fairytale.



Culture and folklore in the Zugspitze village of Grainau!

Folklore evenings, the Corpus Christi procession or the St. John's bonfire are just a few of the events that keep local customs and traditions alive. They're the perfect opportunity to experience the warm hospitality of Grainau locals.

Among the authentic events are traditional costume processions through the village, followed by a party in the park against a breathtaking backdrop, with a fresh tankard of beer and some lively music.

All the locals in the Zugspitze village, young and old, preserve the local customs.

Carnival season is a real shindig in Grainau.

Celebrations to banish winter – with the march of the maschera, schellenrührer and vagabonds, as well as traditional dancing to maschera music – are integral parts of the local customs. Whether it's an amusing theatre piece or a spa concert with the marching band...we always find a reason to celebrate.





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www.grasegger.de

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Werdenfels Museum

Landkreismuseum Garmisch-Partenkirchen

900m² Ausstellungsfläche auf 5 Etagen!
In der historischen Ludwigstraße, Partenkirchen

<p>Bäuerliches Leben Trachten- & Schmuck-Sammlungen Religiöse Volkskunst</p>	<p>Fasnachtsraum Werke von Ignaz Günther & Prof. Josef Wackerle Zugspitzgeschichte</p>	<p><i>Sonderausstellungen</i> <i>Führungen</i> <i>Museumsladen</i></p>
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Ludwigstr. 47, 82467 Ga.-Pa., Tel. 0 88 21-75 17 10, Di.-So 10-17 Uhr • www.werdenfels-museum.de

Rack railway	•	•	•		•
Take the rack railway to the summit of the Zugspitze Length: 11.5 km, from Eibsee (1,000 to 2,600 metres above sea level) Sonnalpin · www.zugspitze.de					
Eibsee-Seilbahn, Großkabine	•	•	•	•	•
Eibsee-Seilbahn, Gletscherbahn Länge: 4450 m, Höhenlage: 1000 - 2943 m. Tel. +49 88 21-797-0 · www.zugspitze.de					
Alpspitzbahn cable car, large cabin	•	•	•	•	•
Length: 3,800 m Altitude: 750–2,050 m Am Kreuzeckbahnhof 12 · 82467 Garmisch-Partenk. Tel. +49 88 21-797-0 · www.zugspitze.de					
Hochalmbahn cable car, large cabin	•	•	•	•	•
Length: 900 m · Altitude: 1,700–2,050 m Hochalm 1 · 82467 Garmisch-Partenkirchen Tel. +49 88 21-7970 · www.zugspitze.de					
Kreuzeckbahn, bi-cable gondola lift	•	•	•	•	•
Length: 2,318 m · Altitude: 767–1,641 m Am Kreuzeckbahnhof 1 · 82467 Garmisch-Partenkirchen Tel. +49 88 21 - 797-0 · www.zugspitze.de					
Hausbergbahn, bi-cable gondola lift		•	•	•	•
Length: 2,031 m · Altitude: 735–1,340 m Am Hausberg 4 · 82467 Garmisch-Partenkirchen Tel. +49 88 21 - 797- 0 · Only in winter www.zugspitze.de					
Wankbahn cable car	•	•	•		•
Altitude: 1,780 m · www.zugspitze.de					
Eckbauerbahn cable car, small cabin	•	•	•		•
Length: 2,140 m · Altitude: 1,237 m www.eckbauerbahn.de					
Graseckbahn cable car, automatic small cabin	•	•	•		•
Length: 520 m · www.graseckbahn.de					

Karwendelbahn cable car	•	•	•		•
Altitude: 2244 m · Length: 2,486 m · Alpenkorpsstr. 1 82481 Mittenwald · Tel. + 49 88 23 - 93 76 76-0 www.karwendelbahn.de					
Herzogstandbahn cable car	•	•	•	•	•
Altitude: 1,600 m · Length: 1,388 m · Am Tanneneck 6 82432 Walchensee · Tel. +49 88 58 - 236 www.herzogstandbahn.de					
Hörnlebahn cable car	•	•			•
Altitude: 1,548 m · Fallerstrasse 14 82433 Bad Kohlgrub · www.hoernlebahn.de					
Laberbergbahn cable car	•	•	•	•	•
Altitude: 1,684 m · Ludwig-Lang-Str. 59 82487 Oberammergau · Tel. +49 88 22 - 47 70 www.laber-bergbahn.de					
Tiroler Zugspitzbahn cable car	•	•	•	•	•
Altitude: 1,725 m · Length: 3,600 m · Obermoos 1 A-6632 Ehrwald/Tirol · Tel. +43 56 73 23 09 www.zugspitze.at					
Ehrwalder Almbahn cable car	•	•	•	•	•
Dr. Ludwig Ganghofer-Str. 66 · A-6632 Ehrwald/Tyrol Tel. +43 56 73 24 68 · www.almbahn.com					
Marienbergbahn cable car	•	•	•	•	•
Biberwier/Tyrol · www.bergbahnen-langes.at					
Grubigsteinbahnen cable cars	•	•	•	•	•
Lermoos/Tyrol · www.bergbahnen-langes.at					



- ca. 2 Std. Gehzeit vom Eibsee
- große Sonnenterrasse
- heimische Spezialitäten, deftige Jausen, hausgemachte Kuchen
- im Sommer Vor- und Nachsaison Mittwoch Ruhetag

Thomas Krause Hof 3b, 6632 Ehrwald
+43 664 64 54 849
info@hochthoerlehuette.at
www.hochthoerlehuette.at

Hochthörl
Hütte

Even more holidays with the GrainauCard!

The *GrainauCard* lets you organise your holidays at the foot of the Zugspitze any way you choose. Enjoy even more of Grainau with the numerous free and reduced services – for even more holidays!

Your benefits with the GrainauCard!

- Free use of the Eibsee buses and the Zugspitzbahn railway from Grainau to Garmisch, from Grainau to Eibsee and around the town for the duration of your stay
- One free admission to the Zugspitzbad for each week of your holiday, or one discount on a visit to the sauna together with your free admission to the swimming pool

... and also:

Free use/participation:

- Guided tours of the town
- Kurpark/Kneipp water treading pool
- Cross-country skiing trails, sports programme, water gymnastics
- Guided mountain and torch-lit hikes, as well as educational trails to discover local herbs
- Spa concerts (mid-May to September), folklore and Bavarian evenings
- Ski shuttle bus Grainau-Hausberg

Reductions:

- Sauna in the Zugspitzbad
- Extensive guest programme
- Theatre, special concerts
- Glentleiten open-air museum
- Entitlement to purchase the ZugspitzCard
- 10% on Vivalpin day courses in climbing and skiing (in the region) during your stay and on multi-day courses (in the region) directly before or after your stay

Terms of use: The *GrainauCard* is a non-transferrable guest pass provided free of charge to holidaymakers in the Zugspitze village of Grainau. The personal *GrainauCard* is only valid together with the official card sticker from the Grainau Tourist Information Office. It is issued by the municipality of Grainau. It is valid for the entire registered stay of a guest's holiday, including the date of arrival and departure. It is provided exclusively by the host in the municipality of Grainau during check-in and cannot be purchased. A children's card (K) is issued to minors aged 6 to 15, while persons aged over 16 receive an adult card (E). The guest's 's age on the date of arrival will apply.

You will find the full, detailed terms of use on the current information leaflet "Information about the *GrainauCard*" or at: www.grainaucard.de



Tourist Information Office in the Kurhaus Grainau

Opening times, high season:

01/06–15/10; 20/12–10/01; 01/02–15/03

Monday–Thursday 8.30 am–5.30 pm
Sat, Sun and public holidays 9.00 am–12.00 pm

July and August

Friday 8.30 am–12.30 pm
(The Unterer Dorfplatz office is open in the afternoon on Thursday)

Opening times, low season:

16/10–19/12; 11/01–31/01; 16/03–31/05

Monday–Thursday 8.30 am–5.00 pm
Friday 8.30 am–1.00 pm
Closed Sat, Sun and public holidays

Tourist Information Office at Unterer Dorfplatz

Opening times, high season:

01/06–15/10; 20/12–10/01; 01/02–15/03

Friday 8-30am–12.30 pm and 2.00 pm–5.30 pm
Friday 8.30 am–12.30 pm
Closed Sat, Sun and public holidays

July and August

Friday 8.30 am–12.30 pm and 2.00 pm–5.30 pm
Saturday 2-00 pm–5.30 pm

Opening times, low season:

16/10–19/12; 11/01–31/01; 16/03–31/05

as necessary, probably

Monday–Thursday 10.00 am–12.00 pm and 3.00 pm–5.00 pm
Friday 10.00 am–12.00 pm

Closed Sat, Sun and public holidays

At the Tourist Information Office, we will gladly arrange accommodation, accept bookings for events, and we also have plenty of tips, information, leaflets or nice souvenirs.



The range of walks and shorter hikes available in the area are easy to manage, but exciting all the same. The mainly even level or only slightly uphill trails bring guests to some of the most breathtaking spectacles of nature that our region has to offer.

Krepbach footpath and Huberpark



Starting point: Unterer Dorfplatz (1 h)

A gentle stroll along the idyllic banks of the Krepbach.

Enjoy the untouched Huberpark from all its most beautiful sides.

Hammersbach footpath



Starting point: Hammersbach at the hikers' carpark (1 h)

This trail takes you past the enchanting Hammersbach Chapel down to Hammersbach; the walk can also be completed as a short circuit.

The path leads on to the Aule-Alm meadows and Reißersee lake.

Neuner Alm 880 m (closed Thursday)



Starting point: Obergrainau Kurpark or Untergrainau village square (1/2 h)

A popular short hike for young and old to an oasis of calm and relaxation. The meadows are reached along an only slightly uphill footpath from the village square in Obergrainau. More ambitious walkers can continue on to: Eibsee to Höllentalklamm via Höhenweg (only possible in summer, not ideal for prams), Badersee via Christelhütte, or via the panorama route to Hammersbach.

Badersee



Starting point: Obergrainau Kurpark or Untergrainau village square (1/2 h)

The almost level path passes through forests before arriving at the beautifully located, emerald-green Badersee lake, which is 18 metres deep. The gilded sculpture of a nymph is submerged in the crystal-clear waters. Eibsee is just an hour's walk away along a forest footpath. (The continuation of the route is not ideal for prams).

Eibsee – Three lake hike



Starting points: Tourist Information Office at the Kurpark (1 1/2 h)

The "Three-lake hike" to Eibsee, via Rosensee and Badersee. Up to 33 metres in depth, the uniquely beautiful, azure lake covers an expanse of 2 km² and is located directly below the Zugspitze, at a height of 983 metres.

Höhenrain



Starting point: Untergrainau (1 h)

The first walk should be to Höhenrain. It has the most beautiful view of the "Zugspitze village", as well as a panorama of the Wetterstein Mountains and the Zugspitze itself. The War Memorial Chapel is located at a particularly stunning vantage point. The route then proceeds along the Höhenrain, before joining the Krepbach footpath around 100 m above the chapel and heading back down the slope (via Loisachstraße) to the Untergrainau village square.

Das landschaftliche Kleinod am Kramerplateau als Wanderziel für Jung und Alt. Jeden Donnerstag Grillabend!

Wir freuen uns auf Ihren Besuch!

BERGGASTHOF

Pflegensee



Garmisch-Partenkirchen
Tel. 0 88 21/27 71
e-mail: info@pflegensee.com
www.pflegensee.com

Kramerplateau, Werdenfels Castle ruins, Pflegensee



Starting point: Untergrainau railway station; length (2 1/2 h)

Approximately 6-kilometre panorama route along Kramerberg to Pflegensee, commanding magnificent views of the mountains and the valley basin below. It continues on to Schmöldersee and the ruins of Werdenfels castle, then heads to Pflegensee, where there's a welcome chance to stop for refreshments in summer and winter.

Guided tours with alpacas and llamas



The Wörndle family is keen to show visitors how wonderful it is to spend time with alpacas and llamas.

We offer guided hikes and trekking tours all round Grainau, accompanied by our animals.

For information and bookings, please call: Tel. +49 76 - 70 83 99 36

www.alpspitz-alkapas.de



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Kochelbergalm



Starting point: Kreuzeck railway station (2 h)

Take the Zugspitze rack railway to Kreuzeck. Follow the signposts to Aule-Alm, and then on to Rießersee. Passing the historical Olympic bobsleigh run, you will reach a ridgeway after around 20 minutes; now follow the signs for the Kocherbergalm. Cross the Hausberg piste and follow the path for a short distance down the slope; you'll arrive at the Kocherbergalm a few minutes later.

Stepbergalm



Starting point: Grainau-Kramerplateau trail-Gelbes Gwänd (2½ h)

The hiking path to Stepbergalm starts at the Kramerplateau trail. The path to the Stepbergalm branches off to the left from the Kramerplateau trail a good 600 metres after the Herrgottschofen. It then leads up the mountain side, over the "Gelbe Gwänd" to Stepbergalm. This particular route passes through a rocky landscape dominated by yellow and earthy hues. The Hirschbichel (1,935 m) and the Hohe Ziegspitz (1,864 m) are both just an hour away from the Stepbergalm, and the ascent to Kramerspitz (1,985 m) takes just under 1 1/2 hours.

Höllentalklamm-Kreuzeck



Starting point: Hammersbach (6 ½ – 7 h)

The hike begins at the chapel in Hammersbach. Follow the signposts to the entrance to Höllental and the Höllental canyon. The water rushes through the narrow passage between the steep cliff faces, while the windows in the tunnel look out on huge rocks the size of houses. The path leads on from the upper end of the canyon to the Höllentalangerhütte restaurant. The second longer stage of the tour (hikers must be surefooted and not afraid of heights) passes former miners' cabins (no catering) on its way from the Höllentalanger restaurant to Hupfleitenjoch. We then follow the signs toward Kreuzeck. Hikers can now take the Kreuzeck cable car back into the valley, or continue down on foot (to 1,000 metres below).

Partnachklamm-Eckbauer-Wamberg



Starting point: Ski Stadium (5 h)

The hike begins at the Ski Stadium in Garmisch. Follow the signposts to Partnach canyon. The path heads left at the end of the canyon, toward Graseck and Eckbauer. It then crosses delightful Alpine meadows, heading down from Eckbauer to Wamberg, Germany's highest-altitude village with its own church, before continuing down along a forest pathway back to where we set off.

Einkehr · 1600 m · 2 - 2 ½ Std. ab
Hergottschofen über »Gelbe-Wand-Steig«

Bewirtschaftet: **Mitte Mai bis
Mitte Oktober durchgehend.**

Mai und Juni Montag Ruhetag,
Juli bis Oktober kein Ruhetag.
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www.stepberg-alm.de

Stepberg-Alm

Garmisch-Partenkirchen am Kramer



Field Name Path



Things need names in order to be understood. This is precisely what our forebears did when they gave the fields their names. Field names are therefore "eloquent testimony to old and ancient folklore".

Climate & Water



Pass by the ten stops to experience the various effects of climate change up close. See how the plants respond to higher temperatures or how the Zugspitze glaciers recede; learn why climate change is so good for the bark beetle but bad for the spruce; experience the sheer force of nature and much more besides.

Guided tour with smartphone - www.klimawandel-grainau.de

Geology Hiking Trail



70 or even 100 million years have passed since our mountains formed. The rock fall that descended from the northern face of the Zugspitze almost 4,000 years ago, filling and shaping our valley with many millions of cubic metres of rock and gravel, was far more recent.

Legendary Mountain Forest



The exciting trail below the Waxensteine is an enchanting adventure for the whole family! Allow the beautifully untouched nature to weave its magic as you playfully learn of the exciting myths and legends woven all round the Höllental.

You can pick up a free leaflet on all of our topical trails from the Tourist Information Office.

...der Erlebnisweg



Deutscher Alpenverein
Sektion Garmisch-Partenkirchen

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Klammstr. 47 - 82467 Garmisch-Partenkirchen - 08821/94 36 446
info@kletterhalle-gapa.de - www.kletterhalle-gapa.de

To Plansee

(level: easy)

**Grainau–Griesen–Neidernacht–Plansee & back**

Start: Grainau, 750 m **Destination:** Grainau, **Cycling time:** approx. 3 hours there and back

Ascent: approx. 300 m **Distance:** approx. 33 km there and back

Surface: 60% tarmac, 40% gravel, forest and farm tracks

Starting point: From Unterer Dorfplatz in the direction of Eibsee, to the Höhenrain panorama trail. First we head briefly downhill toward Her-gottschrofen and the Kramerplateau trail, before reaching a cycle track. We turn left and follow it along the Loisach and B23 in the direction of Griesen. Arriving in Griesen, we cross the B23. We turn on to the forest trail before the bridge and proceed from there toward Plansee. We remain on this gently rising forest trail beside the Neidernach until it becomes a little steeper, but turn off just after we cross a wooden bridge. We then go down the gentle slope of a broad forest trail in the direction of Plansee. Arriving at the lake, we stop for a longer rest and enjoy the picturesque setting in the midst of high mountains, before returning back by the same route.

To Eibsee

(level: moderate)

**Grainau–Zierwald–Eibsee–Grainau**

Start: Grainau, 750 m, **Destination:** Grainau, **Cycling time:** approx. 2.5 hours

Ascent: approx. 280 m, **Distance:** approx. 23 km

Surface: 10% tarmac, 90% gravel, forest and farm tracks

Starting point: From Unterer Dorfplatz in the direction of Eibsee, to the town limits. Passing the indoor tennis centre, we follow a bend in the road to the left and turn right onto the gravel approach, toward Zierwald - Eibsee. We leave the forest trail at the sign for Eibsee, turning left into a short, gravelly slope to reach the crystal clear Eibsee. We circle the Eibsee anticlockwise, following the path along the southern banks. Returning home, we take the downhill Eibseestraße to Christelhütte, where we turn right and pedal back to Oberer Dorfplatz.

Rotmoos Tour

(level: moderate/hard)

**Grainau–Ochsenhütte–Rotmoos–Linderhof–Plansee–Griesen–Grainau**

Start: Grainau, 750 m, **Destination:** Grainau, **Cycling time:** approx. 4.5 hours

Ascent: approx. 700 m, **Distance:** approx. 58 km

Surface: 50% tarmac, 50% gravel, forest and farm tracks

Starting point: Cycle path toward Griesen, until the rail tracks cross the main road. We also cross the B23 at this point and continue for around 150 metres to the Ochsenhütte carpark. The forest trail begins on the right, heading continuously upward to the Rotmoos meadows. Then we head toward Graswang, staying left and following the signs to Linderhof. The route gets a little easier when we join the connecting road after Forsthaus Linderhof, but later on it rises sharply until we arrive at Ammerwalder Alm. We then pass Hotel Ammerwald, heading downhill toward the crystal clear waters of Plansee. Once there, we ride along the dirt road skirting the campsite and the barrier. The tracks turns upward for a little when we reach the end of the lake, and we proceed along the forest trail toward Griesen. After a brief downhill stretch, we turn off the slope and continue along beside the Neidernach until reaching the main road in Griesen. There we cross the B23, pass the kiosk and turn right onto the cycle track that takes us back to Grainau.

**Esterberg–Finzbachtal**

(Level: hard)

**Grainau–Partenkirchen–Esterberg–Finzbachtal–Gschwandtnerbauer**

Start: Grainau, 750 m, **Destination:** Grainau, **Cycling time:** approx. 5.5 hours.

Ascent: 1,200 m, **Distance:** approx. 45 km

Surface: 80% tarmac, gravel, forest and farm tracks

Starting point: Cycle track from Grainau to Partenkirchen; railway station in Wank to Esterberg (tough ascent) to Esterbergalm (refreshments). Then on to Finzbachtal, taking a single trail to Gschwandtnerbauer (refreshments) with its stunning view of the Wetterstein Range. Arriving at the foot of the Wank, we turn back toward Partenkirchen and proceed from there to Grainau.

Almgasthof Esterberg

Am Wochenende
Schmankerl vom Wild
und vom Lamm aus
eigener Aufzucht

Bayerische Brotzeiten



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Auf Ihren Besuch freut sich Familie Simon.

Tel. 0 88 21 - 32 77



A swimming pool for all seasons

Would you like to swim regardless of the weather, relax, do something for your wellbeing or simply enjoy? Then we have precisely what you need!

The Zugspitzbad, a charmingly beautiful swimming pool and leisure centre at the heart of Grainau has extremely spacious facilities.

Opening times:	June–Sep (summer)	Oct–May (winter)
Indoor pool		
Monday	10 am–7 pm	2 pm–9 pm
Tuesday	10 am–7 pm	10 am–9 pm
Wednesday	10 am–9 pm	2 pm–9 pm
Thursday	10 am–9 pm	10 am–9 pm
Friday	10 am–9 pm	10 am–9 pm
Saturday	10 am–7 pm	10 am–7 pm
Sunday & public holidays	10 am–7 pm	10 am–7 pm

Opening times	June–Sep (summer)	Oct–May (winter)
Outdoor swimming pools		
Daily (depending on the weather)	10 am–7 pm	

Opening times	June–Sep (summer)	Oct–May (winter)
Sauna		
Monday		2 pm–9 pm
Tuesday		12 pm–9 pm
Wednesday	12 pm–9 pm	2 pm–9 pm
Thursday	12 pm–9 pm	12 pm–9 pm
Friday	12 pm–9 pm	12 pm–9 pm
Saturday		12 pm–7 pm
Sunday & public holidays		12 pm–7 pm

Swimming pool, admission

Ticket type	Adults	Children* & disabled persons**
Short ticket (3 hours)	4.80	2.70
Long ticket (day ticket)	6.50	3.60
Family ticket (3 hours)	10.00	
Family ticket (day ticket)	14.00	
Ticket of ten (3 hours, 11th visit is free)	48.00	27.00
Ticket of ten (day ticket, 11th visit is free)	65.00	36.00
Evening/early bird ticket	3.50	2.70
Mon: 5.30 pm Water gymnastics		

Sauna, admission

Ticket type	Adults	Children* & disabled persons**
All day (<i>GrainauCard</i>)	9.00	6.00
All day	12.00	8.50
Ticket of ten (11th visit is free)	115.00	85.00
Every Thursday: Ladies' sauna		

* Children: aged 0–5: free admission; aged 6–16: children's price

** Disabled persons from 70% disability (disabled persons' pass must be presented)








with the *GrainauCard*

One free admission to the Zugspitzbad for each new holiday week, or a special discount on the sauna, together with free admission to the swimming pool.



Subject to change without notice.



					
Lakes with swimming areas					
Eibsee Am Eibsee 1-3 · 82491 Grainau · www.eibsee.de	•		•	•	•
Geroldsee · www.seen.de/wagenbruechsee	•				•
Pflegensee Pflegensee 1 · www.pflegensee.com	•		•		
Plansee · www.reutte.com/highlights/plansee	•		•	•	•
Riessersee Rieß 6 · 82467 Garmisch-P. · www.seen.de/riessersee	•		•	•	•

					
Swimming pools					
Zugspitzbad Grainau Parkweg 8 · 82491 Grainau · Tel. +49 88 21 - 98 18 26	•	•	•	•	
Alpspitz-Wellenbad Klammstraße 47 · 82467 Garmisch-Partenkirchen	•	•	•	•	
Alpenschwimmbad Oberau Am Mühlberg 3 · Tel. +49 88 24 - 94 41 23	•		•	•	
Kainzenbad Kainzenbadstr. 2 · 82467 Garmisch-Partenkirchen www.kainzenbad.de	•		•		
Loisachbad Archstr. 20 · 82467 Garmisch-P. · Tel. +49 88 21 - 5 81 69	•		•		
Warmbad Farchant Esterbergstraße 50 · 82490 Farchant	•		•		

					
Excursion destinations without swimming opportunities					
Badersee · www.seen.de/badersee	•	•	•		•
Schmölzer See www.wanderparadies-garmisch-p.jimdo.com/seen/schmölzersee	•	•	•		•

		
Boat hire Grainau		
Eibsee: Rowing boats and pedal boats · Tel. +49 88 21-988 10		
Badersee: Rowing boats · Tel. 08821-8210		

		
Boat hire Garmisch-Partenkirchen		
Riessersee: Rowing boats and pedal boats · Tel. +49 88 21-75802		
Pflegensee: Rowing boats · Tel. +49 88 21-27 71		

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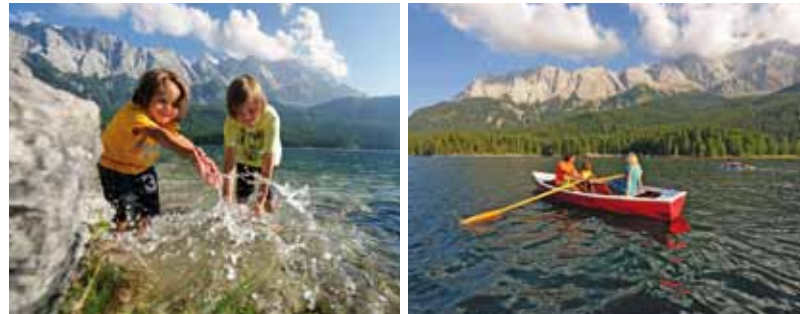
Seeweg 2 · 82491 Grainau
 Tel. 088 21-9 88 10
 info@eibsee-hotel.de
 www.eibsee.de



A crystal-clear, natural phenomenon hugging the foot of the Zugspitze

The crystal-clear, deep blue and sparkling waters of the Eibsee, a jewel in the Werdenfels region, is delightfully embedded in the rocky landscape at an altitude of 1,000 metres. 2.40 km long, 850 m wide and up to 32.5 m deep (depending on the water level), it has eight islets dotted around its northern side. Eibsee was created by a gigantic rock fall. With its clear, turquoise waters, it is quite rightly considered one of the most beautiful and purest lakes in the Bavarian Alps. Eibsee is located around 13 km southwest of the centre of Garmisch-Patenkirchen, below the Zugspitze in the Wetterstein Mountains. It belongs to the municipality of Grainau and is privately owned by the Eibsee Hotel.

By water, on land, in the air or as a swimmer – you have plenty of opportunities to enjoy the summer at Eibsee. An "Eibsee day" is a highlight of any stay in the Zugspitze region.



The circuit

The Eibsee circuit is seen as one of the region's most enchanting walks and is even described by some hiking guides as an "elixir for the soul". The 7.5 km route begins at the car park in front of the Eibsee Hotel; proceeding anti-clockwise is certainly the best direction. Breath-takingly beautiful views of the Zugspitze and the Eibsee reward hikers along the northern banks, while there are plenty of benches to kick back and relax. Is the circuit around the lake too far? No problem: simply hop aboard the "Reserl" motor boat half way round (departure times are posted in the boat hire office).

Boat hire

"Cruise" across the Eibsee at your own speed in a rowing boat or pedalo; you'll see how much fun it can be. The boat hire at Eibsee is open from Mai until Oktober.

Motorboot „Reserl“

Neu: das „Reserl“ goes green – das heißt, der Umwelt zuliebe wird das Motorboot im Frühjahr mit einem Elektro-Motor ausgestattet und ist ab 20. Mai einsatzbereit! Der Eibsee-Kapitän zeigt Dir während der 20-minütigen Rundfahrt mit dem „Reserl“ die schönsten Buchten des Eibsees. Selbstverständlich bietet sich Dir während der gesamten Fahrt stets das imposante Panorama der Zugspitze! **Unser Tipp:** Inhaber der GrainauCard können pro Aufenthalt eine kostenfreie Rundfahrt mit dem Motorboot „Reserl“ über den Eibsee unternehmen.

Canoeing, kayaking and rafting



Pure watersports in the Zugspitze region

The varied character and the unique location in the landscape certainly ensure that the wildwater rapids on the Loisach between Grainau and Garmisch-Partenkirchen are one of the most beautiful and difficult routes in Germany, if not Europe. The Loisach caught the eye on the international stage when the World Championships were held here in 1985, 1998 and most recently 2004.

Experience the fascination of whitewater rapids in and around Grainau & Garmisch-Partenkirchen. Leave your everyday routine far behind to experience the freedom and adventure of a trip down the river. Test your limits in a dance on the waves! For everyone looking for out-of-the-ordinary, fascinating experiences. Whether it's in a canoe, kayak or raft ... explore the Alp's most beautiful paddling regions on an adrenalin-fuelled trip down the river with an experienced guide.

Wildwasserschule Garmisch-Partenkirchen

Alpspitzstr. 16 · 82467 Garmisch-Partenkirchen
Tel. +49 88 21-14 96 · info@ww-gap.com · www.ww-gap.com



Fishing



The bustle of life is easily forgotten in the bosom of nature. And here are plenty of tips on how to pursue your hobby on holiday as well.

Fishing permitted with a valid permit:

Geroldsee, Ammer, Ramsach, Isar

Fishing tickets: Tel. +49 8821-71939 · www.kreisfischerei-gap.de

Pflegensee

Fishing tickets: Tel. +49 8821-2771 · www.pflegensee.com

Fishing without a permit:

Fishing pond in Weidach (Tyrol)

Leutascher Fischerei · Am Weidachsee 289 · A-6106 Weidach
www.gebirgsforelle.at

Nassereither See (Tyrol), District Office

Tel. +43 52 65-52 12 · www.nassereith.tirol.gv.at

The adventure of trail running



Secluded trails, soft forest soil, sweeping vistas, blue lakes ...

Rediscover the magical surroundings of Grainau and the Zugspitze at a trot. You can pick your favourite from the four trail circuits, each of them with a different length and difficulty level. From 8 to 43 kilometres, and between 200 and 2,000 metres elevation gain. So there's a trail there for everyone!

"Get running, your adventure is waiting". You will find more information in our leaflet:

The four trails in Grainau

Grainau-Höhenrain circuit (easy) – 8.80 km – 200 m ascent

The Höhenrain circuit is suitable for absolute novices looking to get into the sport of trail running. Featuring moderate ascents, but breath-taking views from Höhenrain down to the Zugspitze village of Grainau or across to the stunning Waxenstein and Zugspitze ranges, this easy and rhythmic route passes along gentle hiking paths without any difficult trail sections.

Grainau-Badersee circuit (ambitious) – 16 km – 518 m ascent

The Badersee circuit in Grainau is the ideal trail running route for ambitious beginners in this fascinating sport. This immensely varied, enjoyable route has a spectacular early section at the entrance to Höllental canyon, a panorama path below the Waxenstein ridge and an easy ending past the crystal-clear waters of Badersee. Of course, this doesn't just have to be for trail running, it's also a great hiking route.

Grainau-Höhenrain circuit (challenging) – 22.30 km – 621 m ascent

The Eibsee circuit winds all the way round this beautifully appointed lake, mainly along hiking paths without any difficult trail sections. The sheer distance is what poses the challenge, along with the elevation gain; after all, only an experienced runner with plenty of stamina will manage a half-marathon, combined with an over 600-metre ascent.

Grainau-Törlen-Runde (extreme) – 43.30 km – 1,983 m ascent

The cross-border Törlen circuit from Grainau to Ehrwald and back is the highlight for ambitious and strong trail runners. And while the 43 kilometres and almost 2,000-metre elevation gain demand outstanding endurance, they pay the runner back with the most delightful and interesting sections of trail found anywhere in the region.



Tennis



Tennis – At the foot of the Zugspitze!

Tennis is a challenge for the body and spirit, great fun and an ideal way to stay fit for competitive and strictly amateur players of any age. A mixed doubles, a hard-fought singles match or just a spot of training.

Indoor Sports Grainau in the Zugspitze village of Grainau has everything you could conceivably need, even in winter or during rainy weather.



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Spread over a **6,900 square metre complex**, Indoor Sports Grainau is located right at the foot of the Zugspitze. Home to a broad variety of sports and leisure facilities, the sports centre has a friendly family atmosphere. Everyone is welcome, from kids to body builders.



Indoor Sports Grainau

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Wolfgang Rösner
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Tel. 08821-81977 · www.sport-roesner.de

Direkt an der Straße zum Eibsee – alles unter einem Dach

Paragliding, hang-gliding and tandem flights



Gliding areas: Wank 1,720 m, PG/HG (B-license is required for HG)

The Wankbahn cable car transports hang-gliders up to 5.10 m.

The maximum length for downward transport is 4.60 m. Osterfelder 2,050 m, PG/HG Kreuzeck 1,650 m, Laberjoch, Oberammergau, ramp launch and running launch are both possible

Landing sites:

Gliding area Wank: Paragliding, at Gschwandtnerbauer. Paragilder landing site at Osterfelder

Gliding area Osterfelder: Landing site for paragliders and hang-gliders

Osterfelder gliding area Kreuzeck: Paraglider and hand-glider landing site at Osterfelder

Gliding area Laberjoch: Landing site for paragliders and hang-gliders close to the cable car

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Mittwoch und Donnerstag Betriebsruhe – außer feiertags

Tandem:

We offer tandem paragliding flights in the Garmisch-Partenkirchen area at the foot of the Apls Spitze, with a view of the Zugspitze, the Watterstein Range and the foothills of the Alps. The fantastic view even extends as far as Munich on clear days. We can navigate our paragliders over the Alpsipix vantage point in good weather, offering a breath-taking vista of Höllental below.

Ein Traum wird wahr.

Erleben Sie mit uns die schönste Art zu fliegen – als Passagier mit dem Gleitschirmtandem bzw. Paraglidertandem.

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oder täglich 8 - 21 Uhr unter +49 171 28 19 19 9**

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Passagier- und Tandemflüge. Terminvereinbarung unter: 0162-250 55 55
Vereinbarung bitte 1 bis 2 Tage vorab · weitere Infos: www.ski-gapa.de

Unbeatable fun in the snow! Alpine terrain, with guaranteed snow ...

Grainau has two skiing regions right on its doorstep for friends of downhill fun:

The Zugspitze and the Garmisch-Classic skiing region.

Get out and about in the **skiing regions with the best snow in Germany!** Parallel down the slopes in front of the vast mountain panorama above Grainau and Garmisch-Partenkirchen to experience unforgettable days out on the pistes. The skiing regions are an absolute paradise for winter sports enthusiasts: Advanced skiers will have just as much fun as families with children or novices.



Zugspitze glacier skiing region

While wintery mist still shrouds the valley, the pistes up top at an altitude of almost 3,000 metres are already bathed in sunlight. The Zugspitze is Germany's highest skiing region, offering 22 kilometres of natural snow slopes for unadulterated skiing or snowboarding fun.

Garmisch-Classic

Three mountains: Hausberg, Kreuzeck & Alpspitze

An impressive three mountains are included in the Garmisch-Classic region, not counting the Hausberg, Kreuzeck and Alpspitze in Grainau. 40 kilometres of slopes at an altitude of 700 to 2,050 metres attract skiers and snowboarders with varied pistes, unique views and the lightning-quick Kandahar World Cup downhill run. Five snow-clad valley runs offer ideal conditions for perfect, wintery fun, and even the youngest skiers will get more than their money's worth on the Kinderland kid's slopes.

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info@skischulealpin.de
www.skischulealpin.de

Skischule Alpin
Inh.: Michaela Wölfe

Be on top!

Skischule Zugspitze-Grainau

Am Unteren Dorfplatz 5 · 82491 Grainau

www.skischule-zugspitze.de

Fon: +49 (0) 88 21/ 84 66

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Wir unterrichten sowohl im Classic-Gebiet als auch auf der Zugspitze.

DIE SKISCHULE IN GARMISCH-PARTENKIRCHEN

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info@skischule-gap.de / www.skischule-gap.de

Snowshoe hiking in Grainau



A winter delight!

What is an ancient invention that takes you right to the heart of nature?
The snow shoe, the easiest way to get around in snow-covered landscapes!
And the best thing is: Everyone can do it.

So what awaits you in the snowshoe paradise of Grainau besides an already jam-packed range of winter sports activities?

- Good and easy accessibility, magnificent surroundings and of course the highest summit in Germany, the Zugspitze, with the breath-taking backdrop of the Wetterstein Mountains.
- A richly varied landscape
- A carefully selected and well-signposted network of trails with attractive tours of varying difficulty and length
- Snowshoe hiring points and an outstanding infrastructure
- Cosy mountain restaurants
- Guided snowshoe hikes



Cross-country skiing in the Zugspitze village



12 km of trails in a wonderful landscape, directly below the Zugspitze
Crystal-clear air, pine trees and meadows, draped in snow, azure skies –
Grainau's easy trails are special places to experience winter.

The town's well-prepared courses offer ideal conditions to enjoy the winter landscape, explore the area and stay fit. Cross-country skiing is fun on any of the three trails in Grainau. Skaters and adherents of the more traditional style will find what they want on the over 12 kilometres of prepared routes. Other interesting trails are dotted around the immediate vicinity as well.





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www.partnachklamm.eu

Garmisch Partenkirchen

Täglich geöffnet:

Mai, Juni und Oktober:	08.00 - 18.00 Uhr
Juli bis September:	08.00 - 19.00 Uhr
November bis April:	09.00 - 18.00 Uhr

Kurzfristige Schließungen aus Sicherheitsgründen sind manchmal leider unumgänglich!

Feeding wild game – Stag nights



Animals are unable to forage sufficient food at more elevated locations in the cold and snowy winter months, and so they head down to lower terrain, to their winter quarters. They can all be seen here: mighty stags, young calves and the experienced, older animals. The Bavarian State Forestry Commission has set up a show feeding point along the Kramerplateau trail. **Opening times:** Mid-December to the end of February (closed on 1 January) **Feeding times:** Thursday to Sunday from 4 to 5 pm. There are guided hikes from Grainau to the game feeding points every Thursday at this time. Please register at the Tourist Information Office Grainau.

Toboggan and sledge rides



Tobogganing in Grainau and on the Zugspitze

Toboggan run (natural ice) for children in Gschwendt, Oberer Brandweg, on Zugspitzstraße

Eibsee toboggan run via Neuneralm to Oberer Dorfplatz.

The toboggan runs "Schneefernerkopf", "Sonnenkar" and "Wetterwandeck" are located on the Zugspitze.

Tobogganing in Garmisch-Partenkirchen:

St. Martin on Grasberg - Children should be accompanied Kainzenbad by the Ski Stadium, (entrance via the summer toboggan run) Partnachalm · Not suitable for children (very steep)

Slide-Hiring point

Skischule Zugspitze-Grainau (Holzschlitten)

Am Unteren Dorfplatz 3a · 82491 Grainau · Tel. 0 88 21 - 84 66

Racebob – Hiring point

Tourist Information Office Grainau · Parkweg 8 · 82491 Grainau
Tel. +49 88 21 - 98 18 50

Skating and curling



Skating in Grainau

Natural ice rink in Grainau · Dr.-Arno-Müller-Platz · Tel. +49 88 21 - 98 18 33
With skate hire in all sizes · Ideal for children and families

Curling for guests

Try your hand at curling! It's a friendly and fun pastime.

Check the calendar of events for curling dates (with awards ceremony afterwards) · Equipment is available for hire

Skating in Garmisch-Partenkirchen



Skating in Garmisch-Partenkirchen:

Olympia Eissportzentrum · Am Eisstadion 1 · Tel. +49 88 21 - 75 32 91
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Monday					
Schmölzer Wirt Restaurant u. Vinothek Griesener Str. 17 · Tel. +49 88 21 - 7 98 22 66	•	•	•		•
Zum Dorfbrunnen Unterer Dorfplatz 3 · Tel. +49 88 21 - 7 27 67 83	•	•	•	•	•
Zur Molle Waxensteinstr. 46 · Tel. +49 88 21 - 8 14 12	•	•	•		•
Pizzeria Italiano Waxensteinstr. 1 · Tel. +49 88 21 - 7 08 6147	•	•	•		•
Gasthof Höhenrain · Eibseestr. 1	•	•	•		•
Tuesday					
Restaurant Cafe Eibsee-Alm Seefeldweg 5 · Tel. +49 88 21 - 8 24 11	•	•	•		•
Restaurant Gungl Stubn * An der Wies 1 · Tel. +49 88 21 - 9 64 51 00	•	•	•		•
Gasthaus Spatzenhäusl Waxensteinstr. 21 · Tel. +49 88 21 - 86 19	•	•	•		•
Restaurante-Pizzeria-Café da Franco Eibseestr. 2 · Tel. +49 88 21 - 7 52 97 48	•	•	•		•
Café-Pension-Restaurant Zugspitze Törlenweg 11 · Tel. +49 88 21 - 88 89	•	•	•	•	•
Schmölzer Wirt Restaurant u. Vinothek * Griesener Str. 17 · Tel. +49 88 21 - 7 98 22 66	•	•	•		•
Wednesday					
Gasthaus am Zierwald Zierwaldweg 2 · Tel. +49 88 21 - 9 82 80	•	•	•		•
Heiss'n Stuben · Törlenweg 1 · Tel. +49 88 21 - 94 35 08	•	•	•	•	•
Berggaststätte Neuneralm * Neuneralmweg · Tel. +49 88 21 - 8 12 25	•	•	•		•
Thursday					
Berggaststätte Neuneralm Neuneralmweg · Tel. +49 88 21 - 8 12 25	•	•	•		•
Wirtshaus am Kurpark Parkweg 8 · Tel. +49 88 21 - 98 18 60	•	•	•	•	•
Sunday					
Chapeau Claque Waxensteinstr. 1 · Tel. +49 88 21 - 9 67 98 86	•	•	•		•
Gasthof Höhenrain · Eibseestr. 1	•	•	•		•
Hotel am Badersee Am Badersee 1-5 · Tel. +49 88 21 - 82 10	•	•	•	•	•


* only in low season

Mountains inns and restaurants					
Eibsee-Pavillon Grainau · Tel. +49 88 21- 98 81-0	•		•		•
Berggasthof Almhütte Maximilianshöhe 15 · Garmisch-P. · Tel. +49 88 21 - 7 14 17	•	•	•		•
Hotels & restaurants					
Hotel Alpenhof Alpspitzstrasse 34 · Grainau · Tel. +49 88 21 - 98 70	•	•	•		•
Hotel Waxenstein Höhenrainweg 3 · Grainau · Tel. +49 88 21- 98 40	•	•	•	•	
Eibsee-Hotel Am Eibsee 1-3 · Grainau · Tel. +49 8821-9881-0	•	•	•		
Sentido Zugspitze Berghotel Hammersbach/ Hammersbacher Hütte Grainau · Tel. +49 88 21 - 98 30	•	•	•		
Hotel Restaurant Café Nuss Grainau · Tel. +49 88 21 - 98 60	•	•	•		•
Bosna Restaurant Metzgerstube Zugspitzstr. 35 · Grainau · Tel. +49 88 21 - 8 12 85	•	•	•		•
Restaurant Grill Rustico in QH Hotel Schmölzstr. 1 · Grainau · Tel. +49 88 21 - 5 81 03	•	•	•		•
Café Dünzinger Waxensteinstr. 3 · Grainau · Tel. +49 88 21 - 88 65	•	•	•		•
Restaurant Jägerstüberl Oberer Dorfplatz 9 · Grainau · Tel. +49 88 21 - 87 43	•	•	•		•
Restaurant Gungl Stubn An der Wies 1 · Grainau · Tel. +49 88 21 - 9 64 51 00	•	•	•		•



					
Monday					
Berggasthof Panorama St. Anton-Str. 3 · Garmisch-P. · Tel. +49 88 21 - 9 66 90 70	•	•	•		•
Berggaststätte Gschwandtnerbauer Gschwandt 1 · Garmisch-P. · Tel. +49 88 21 - 21 39	•	•			•
Berggaststätte Wamberg Wamberg 9 · Garmisch-P. · Tel. +49 88 21 - 22 93	•	•			•
Berggaststätte Bayernhaus Drehmöser 4 · Garmisch-P. · Tel. +49 88 21 - 28 28	•				•
Tuesday					
Restaurant zum Schweizerbartl Kaltenbrunn 19 · Kaltenbrunn · Tel. +49 88 21 - 30 71	•	•	•		•
Berggasthof Pfeifferalm Schlattan 8 · Garmisch-P. · Tel. +49 88 21 - 27 20	•	•	•		•
Almwirtschaft Esterberg Esterberg 1 · Garmisch-P.	•	•			•
Berggaststätte Kochelbergalm Petersbad 1 · Garmisch-P. · +49 88 21 - 5 66 62	•	•	•		•
Berggaststätte Hanneslabauer Graseck 1 · Garmisch-P. · Tel. +49 88 21 - 5 31 31	•	•			•
Berggaststätte St. Martin Hütte (Grasberg) Am Grasberg 1 · Garmisch-P. · Tel. +49 88 21 - 49 70	•	•			•
Wednesday					
Neuner Alm * Neuneralmweg 24 · Grainau · Tel. +49 88 21 - 8 12 25	•	•	•		•
Berggasthof Pfeifferalm * Schlattan 8 · Garmisch-P. · Tel. +49 88 21 - 27 20	•	•			•
Almwirtschaft Esterberg Esterberg 1 · Garmisch-P. · Tel. +49 88 21 - 32 77	•	•			•
Restaurant zum Schweizerbartl Kaltenbrunn 19 · Kaltenbrunn · Tel. +49 88 21 - 30 71	•	•			•
Berggasthof Eckbauer Eckbauer 1 · Garmisch-P. · Tel. +49 88 21 - 22 14	•	•			•
Restaurant-Café Aule-Alm Am Kreuzeckbahnhof 10 · Garmisch-P. Tel. +49 88 21 - 23 84	•	•	•		•

* only in low season

					
Thursday					
Neuner Alm Neuneralmweg 24 · Grainau · Tel. +49 88 21 - 8 12 25	•	•	•		•
Restaurant-Café Aule-Alm Am Kreuzeckbahnhof 10 · Garmisch-P. Tel. +49 88 21 - 23 84	•	•	•		•
Berggaststätte Partnachalm Streichla 10 · Garmisch-P. · Tel. +49 88 21 - 26 15			•		•
Friday					
Berggaststätte Gschwandtnerbauer Gschwandt 1 · Garmisch-P. · Tel. +49 88 21 - 21 39	•	•			•
Saturday					
Berggaststätte Wetterstein Graseck 6 · Garmisch-P. · Tel. +49 88 21 - 5 60 80	•	•			•
No closing day					
Berggaststätte Bayernhaus Drehmöser 4 · Garmisch-P. · Tel. +49 88 21 - 28 28			•		•
Berggasthof Pflegersee Pflegersee 1 · Garmisch-P. · Tel. +49 88 21 - 27 71	•	•	•		•
Café Dünzinger Waxensteinstr. 3 · Grainau · Tel. +49 88 21 - 88 65	•	•	•		•
Berggasthof Almhütte Maximilianshöhe 15 · Garmisch-P. Tel. +49 88 21 - 7 14 17	•	•	•		•
Restaurant Alpspitze am Osterfelderkopf Kreuzeckbahnstr. 12 · Garmisch-P. Tel. +49 88 21 - 5 88 58	•	•			•
Berggasthof Hochalm Hochalm 1 · Grainau · Tel. +49 88 21 - 29 07	•	•			•
Berggasthof Kreuzalm Kreuzeck 3 · Garmisch-P. · Tel. +49 88 21 - 30 45	•	•			•
Kreuzeckhaus Kreuzeck 1 · Garmisch-P. · Tel. +49 88 21 - 22 02	•	•			•
Restaurant Café Riessersee Rieß 6 · Garmisch-P. · Tel. +49 88 21 - 75 85 02	•	•	•		•
Sonnalpin · Garmisch-P. · Tel. +49 88 21 - 79 70	•	•	•		•
Werdenfelser Hütte · Garmisch-P. Tel. +49 88 21 - 33 33	•	•	•		•
Wankhaus, Wank 1 DAV Sektion Garmisch · Garmisch-P. Tel. +49 88 21 - 5 62 01	•	•			•
Sonnenalm Garmisch-P. · Tel. +49 88 21 - 79 70	•	•			•
Berggaststätte Partnachalm Streichla 1 · Garmisch-P. · Tel. +49 88 21 - 26 15	•				•

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RESTAURANT
CAFÉ

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Fon +49 8821 9645100 · info@gungl-stubn.com
www.gungl-stubn.com

**Alpenhof
Grainau**

HOTEL ALPENHOF
Familie Rosenstock
Alpspitzstr. 34 · 82491 Grainau
Tel. 088 21-98 70
info@alpenhof-grainau.de
www.alpenhof-grainau.de

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Herzliche, familiäre Atmosphäre mit viel Liebe zum Detail. Mitten im Zugspitzdorf und doch ruhig. Riesige, parkähnliche Gartenanlage, atemberaubender Blick auf die Bergwelt, komfortable, geräumige Gästezimmer. Großzügige Wellness-Oase mit Hallenbad, Sauna, Sanarium, Dampfbad, Kosmetik und Massage, Liegewiese und Kneipanlage.

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Deutschlands höchstem Gipfel – der Zugspitze**

Die 127 gemütlich komfortabel eingerichteten Zimmer, aufgeteilt auf drei Häuser werden umgeben von prächtigen Bergpanorama und dem wildromantischem Hammersbach.

Das 4-Sterne SENTIDO Berghotel verwöhnt Sie mit alpenkulinarischen Gaumenfreuden in fünf Restaurants und zwei Bars. Als eine der behaglichsten Hütten der Umgebung gilt die direkt neben dem Hotel am plätschernden Gebirgsbach gelegene „Hammersbacher Hütte“. Tipp: die ofenfrische Schweinsaxe und der Kaiserschmarrn in der Hütte ist für Jedermann ein Muss!

SENTIDO
ZUGSPITZE
BERGHOTEL HAMMERSBACH

Sentido Zugspitze Berghotel Hammersbach
Kreuzeckweg 2-6 · 82491 Grainau
Tel. 0 88 21-9 83-0 · info@haus-hammersbach.de
www.haus-hammersbach.de

W
Waxenstein



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Das Restaurant für Feinschmecker - Beste Küche in Grainau
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Familie Jürgen und Maria Lehn

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info@waxenstein.de | www.waxenstein.de



PIZZERIA- TRATTORIA L'ITALIANO



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Alle Gerichte auch zum mitnehmen!
Unser Angebot
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€ 1,- billiger zum normalen Preis.

Warme Küche: Dienstag bis Sonntag: 12 - 14.30 Uhr und 17 - 22 Uhr
Montag Ruhetag (August: Optional)

Waxensteinstr. 1 · 82491 Grainau · Tel. 0 88 21 - 70 86 147



Restaurant SPATZENHÄUSEL

IM ZUGSPITZDORF GRAINAU
BEI RENATE UND MONI

kleiner Biergarten unter Kastanienbäumen
bayerische Schmankerl & gemütliche Atmosphäre
Öffnungszeiten: täglich von 11:30 Uhr bis 21:30 Uhr
durchgehend warme Küche, Dienstag Ruhetag

Waxensteinstraße 21 · 82491 Grainau · Tel. 0 88 21-86 19

Wirtshaus zum Dorfbrunnen

Jeden Dienstag spuit da Waxnstoaklang!

Unterer Dorfplatz 3 · 82491 Grainau
Tel. 0 88 21-7 27 67 83 · Fax 0 88 21-9 66 58 51
Mail wirtsh@us-zum-dorfbrunnen.de · Montag Ruhetag



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RESTAURANT | VINOtheK

Das Restaurant mit dem alpinen Lifestyle!

Wer stilvoll, den modernen und alpinen Lifestyle genießen möchte, ist im „Schmölzer Wirt“ bestens aufgehoben. Die Speisen, wie auch das Restaurant sind gut bayerisch, mit einer gewissen pffiffigen und frischen Note. Diese Kombination erklärt die Einzigartigkeit des „Schmölzer Wirt“ und seiner Küche. Verwendet werden hochwertige Produkte von vorwiegenden lokalen Erzeugern. Gut gelungen ist der Spagat zwischen vegetarischer, typisch bayerischer traditioneller und moderner Küche. Besonders geschätzt wird das umfangreiche Weinangebot aus Deutschland und den umliegenden Nachbarländern.

Öffnungszeiten: von 11 Uhr bis 23 Uhr · warme Küche von 12 Uhr bis 21.30 Uhr

Griesenerstr. 17 · 82491 Grainau · Tel. 0 88 21-798 22 66 · Fax 967 67 82
info@schmoelzer-wirt.de · www.schmoelzer-wirt.de



CAMPING RESORT ZUGSPITZE



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Camping **Erlebnis** Zugspitze GmbH****
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www.perfect-camping.de | www.pure-camping.de
Info & Reservierung Telefon +49 (0)8821 943 91 11




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Ideal für den komfortablen Zwischenstopp



Durchgehend
warme Küche.
Kein Ruhetag!

Restaurant Alpenhof

im Herzen von Garmisch

Erleben Sie bayerische Gastfreundschaft! Das freundliche und außergewöhnliche Interieur unseres Restaurants „Alpenhof“ spiegelt die Kulinarische Ausrichtung der Küche und unseres Weinkellers wieder. Traditionelle bayerische und internationale Gerichte werden auf innovative Art und Weise verfeinert. Unsere gemütliche Zirbelstube steht Ihnen für Familienfeiern, Tagungen oder Betriebsausflüge zur Verfügung.

Im ersten Stock im Roulettesaal befindet sich unsere Casinobar. Dort servieren wir Cocktails und feine Speisen in gehobener Atmosphäre.




Am Kurpark 10 · 82467 Garmisch-Partenkirchen · Tel. 0 88 21-590 55
info@alpenhof-garmisch.de · www.alpenhof-garmisch.de

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Wir lieben Lebensmittel!





- Obst täglich frisch vom Großmarkt
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- Wurst und Käsespezialitäten
- Backshop täglich ab 7.00 Uhr geöffnet
- Spezialitäten aus der Region

An der Zugspitze 4
82491 Grainau
Tel. 088 21 967 50 42

Öffnungszeiten:
Mo - Fr
8.00 bis 19.00
Sa 7.30 bis 18.00

Bakeries					
Bäckerei Dünzinger · Waxensteinstr. 3 · Grainau	•	•	•	•	
Bäckerei Rühl · Oberer Dorfplatz 1a · Grainau	•	•	•	•	
Groceries					
Aldi Süd · An der Zugspitze 5 · Grainau	•	•	•	•	
Edeka Bartl · An der Zugspitze 4 · Grainau	•	•	•	•	
Edeka Resenberger · Waxensteinstr. 6 · Grainau	•	•	•	•	
Kaufhaus Märkl · Zugspitzstr. 8 · Grainau	•	•	•	•	
Käse-Alm · Waxensteinstr. 12 · Grainau	•	•	•		
Beverage markets					
Fristo Getränkemarkt · An der Zugspitze 8 · Grainau	•	•	•	•	•
Sprenger Getränkemarkt · Schmolzstr. 16 · Grainau	•	•	•	•	•
Butcher's					
My Marenn Dorfladen · Waxensteinstr. 8 · Grainau	•	•	•		
Post Office					
Postfiliale Fleckerl Laden Unterer Dorfplatz 2 · Grainau	•	•	•	•	•
Folklore, crafts & regional products					
Betz-Genuss · Waxensteinstr. 6 · Grainau	•	•	•		•
Fleckerl Laden · Unterer Dorfplatz 2 · Grainau	•	•	•	•	•
Heimatkunst Monika Erhardt Oberer Dorfplatz 1a · Grainau	•	•	•		•
Holzschnitzer S. Runggaldier · Eibseestr. 4 · Grainau	•	•	•	•	•
Juwelier Mendez · Waxensteinstr. 37 · Grainau	•	•	•	•	•
Trophäen Weißmann · Unterer Dorfplatz 1 · Grainau	•	•	•	•	•
Souvenirs Hager · Waxensteinstr. 4 · Grainau	•	•	•	•	•



Regionale Produkte - Soibergmacht's - Partyservice





Hofladen mit regionalen Fleisch- und Wurstwaren, Speck und Schinken, Kaminwürsten, Gamswürsten, Pfefferbeißer. Käse aus der Region und selbstgemachte Schmankerl.

Brotzeiten zum Mitnehmen! Täglich wechselnder Mittagstisch!

Wir freuen uns auf Ihren Besuch! Das Team von my marenn

Waxensteinstr. 8 · 82491 Grainau · Tel. 0 88 21/89 42 · Fax 0 88 21/85 85
info@my-marenn.de · www.my-marenn.de



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gegenüber vom Landratsamt

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82467 Garmisch-Partenkirchen

*Blumen aus
Meisterhand*

Tel.: 0 88 21 - 90 98 50
Fax: 0 88 21 - 7 32 24 88
Web: www.blumen-gap.de

Öffnungszeiten:

Montag 8.30 bis 13.00 Uhr
Dienstag - Freitag 8.30 bis 18.00 Uhr
Samstag 9.30 bis 14.00 Uhr



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 Aus bester silofreier Heumilch!*

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Almbutter im Fass gebuttert
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Öffnungszeiten:
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 Mittwoch und Samstag: 09.00 - 12.00 Uhr

82491 Grainau . Waxenstein Str. 12 . Tel. 08821 / 50322

Holidaying with dogs

The holidays have finally arrived – and your dog is coming, too. After all, he does belong to the family!

Dogs are welcome in Grainau, also among many of our hosts. You will find a pictogram next to the relevant establishments in our list of hosts-

But a few rules do apply to make sure that your holiday is restful for one and all:

- Dogs with a shoulder height above 50 cm must be kept on a leash in Grainau.
- You are not allowed onto the meadows and pastures from April to October.
- Kindly use our doggy bag dispenser and disposal points Dog faeces can be fatal for cows, calves and sheep!
- If you plan to take a trip over to Austria, make sure you remember to bring your valid pet passport for your dog. You need to have it with you when you travel abroad.

Tips and information

- Dogs are generally allowed to swim in all lakes and rivers in Bavaria. But kindly be considerate of other swimmers.
- Remember that your dog is also at risk of slipping at difficult points of mountain hikes. A dog harness is a practical way of keeping your animal safe!
- Dogs are allowed to travel on all mountain railways, cable cars and in public transport, usually for a small fee only.

*Ihre liebevolle Hundebetreuung
 in Grainau und Umgebung*

Simone Meyer
 Zugspitzstraße 68 · 82491 Grainau
 Tel. 088 21 - 6 86 90 43
 Handy 0171 - 486 17 68
www.simones-gassi-dienst.de

Veterinary practices






Tierarztpraxis Werdenfels






Gehfeldstr. 1 · 82467 Garmisch-P. · Tel. +49 88 21 - 5 88 70
 Emergency number +49 1 72 - 8 30 84 84

Tierarzt Dr. Peter Saur


Schußbangerweg 8 · 82467 Garmisch-P. · +49 0 88 21 - 7 66 62






					
A Accessible toilets					
Am Kurhaus Grainau · Parkweg 8	•	•	•	•	
Musikpavillon · Im Kurpark	•		•	•	•
ADAC	•	•			
Hotline 0800-5101112 Breakdown service tel. 0180-2222222					
Aerobics	•	•			
Indoor Sports Grainau · Tel. +49 8821-81977 www.sport-roesner.de · s. Seite 28					
Alpine Association	•	•			
Garmisch-Partenkirchen Chapter Tel. +49 08821-2701 · www.alpenverein-gapa.de					
AlpspiX – vantage point	•	•	•	•	•
Easily accessible via the Alpstizbahn cable car. 50 m from the mountain stations				Electric	
B Badminton	•	•			
Indoor Sports Grainau · Tel. +49 8821-81977 www.sport-roesner.de · s. page 28					
Baggage transport					
DB Parcel Delivery · Tel. 0 18 05-23 67 23	•	•			
Hermes Baggage Delivery · www.myhermes.de	•	•			
Banks					
Kreissparkasse Waxensteinstr. 39 · only AMT	•	•	•	•	
Volksbank-Raiffeisenbank Waxensteinstr. 39 · only AMT	•	•	•	•	
Cashback at Edeka Bartl More on page 47	•	•	•	•	
Beauticians					
Hein Kerstin Loisachstr. 23 · Tel. +49 88 21 - 9 66 92 81 · House calls	•	•	•	•	
Stitz Jennifer Waxensteinstr. 46 · Tel. 0 88 21 - 9 26 17 23 · House calls More on page 36	•	•	•	•	






					
Bicycle rentals					
Bikecenter Ludwigstr. 90 · Garmisch-Partenkirchen Tel. +49 88 21-549 46	•	•			
Bike and e-bike rentals Zugspitzstr. 68 · Garmisch-Partenkirchen Tel. +49 88 21-969 29 90	•				
Boat hire	•				•
Grainau: More on page 22 Eibsee: Rowing boats, pedal boats with slide Badersee: Rowing boats; available at hotel reception Garmisch-Partenkirchen: More on page 22 Riessersee: Rowing boats, pedal boats Pfliegersee: Rowing boats					
Bowling	•	•			
Grainauer Kurhaus 2 bowling alleys · Tel. +49 88 21 - 98 18 50 Please book at the Tourist Information Office					
Cable cars in Grainau/Garmisch	•	•		•	
Tel. +49 8821-7970 · www.zugspitze.de · More on page 10					
Campsites	•	•	•	•	•
Camping Resort Zugspitze Griesener Str. 9 · Grainau Tel. +49 88 21 - 94 39 11-5 · More on page 47 www.perfect-camping.de Camping Erlebnis Zugspitze Griesener Str. 2 · Grainau · Tel. +49 88 21 - 94 39 11-1 www.pure-camping.de					
Car parks					
P1 · Car park, Schmölzstr.	•	•	•		
P2 · Car park, Höllentalstr., Hammersbach	•	•	•		
Kurhaus Grainau · Parkweg 8	•	•	•	•	
Car rentals	•	•	•	•	
Avis · St.-Martin-Str. 17 · Garmisch-P. Tel. +49 8821-934243 · www.biersack.com					






					
Casino Garmisch-Partenkirchen					
Roulette – Poker – Black-Jack – Gaming Machines Am Kurpark 10 · Tel. +49 88 21 - 9 59 90 Open daily from 12.00 pm www.spielbanken-bayern.de Two bars and the connected Restaurant Alpenhof serve Bavarian and international specialties until the early hours. Gift packages, regular cultural events, poker tournaments, ladies' nights, introductions to the games, underground carpark at the centre of Garmisch.	•	•	•		
Child carriers	•	•	•		
WN-Alpin · For hire Zugspitzstraße 20 · Garmisch-P. · Tel. +49 88 21 - 5 03 40 More on page 15					
Child minding	•	•			
Kinderbüro Garmisch-P. · Tel. +49 88 21-79 80 25					
Churches					
Catholic Parish Church, Rectory Tel. +49 88 21 - 88 05	•	•	•	•	
Protestant Church, Parish Church Tel. +49 88 21 - 5 12 0	•	•	•	•	
Church services					
Catholic Parish Church Friday/summer 7.00 pm · Chapel/winter 6.00 pm Saturday/summer 6.00 pm Parish church/winter 6.00 pm Sunday/summer 9.30 am · Parish church/winter 9.30 am	•	•	•	•	
Protestant Parish Church Sunday/summer 11.00 am · Winter 11.00 am	•	•	•	•	
Cinemas					
Kinocenter Lamm Garmisch-P. · Tel. +49 88 21 - 23 70	•	•			
Hochlandkino Garmisch-P. · Tel. +49 88 21 - 42 00	•	•			
Climbing equipment	•	•			
WN-Alpin · For hire Zugspitzstr. 20 · Garmisch-P. · +49 88 21 - 5 03 40 More on page 15					






					
Clinics/hospitals					
Paediatric Clinic Garmisch-P. Auenstr. 6 · Tel. +49 88 21 - 7 70	•	•	•	•	
Paediatric and Rheumatism Clinic Gehfeldstr. 24 · Tel. +49 88 21 - 70 10	•	•	•	•	
Klinikum Garmisch-Partenkirchen Auenstr. 6 · Tel. +49 88 21 - 7 70	•	•	•	•	
Outpatient Clinic Garmisch-Partenkirchen Auenstr. 6 · Tel. +49 88 21 - 7 70	•	•	•	•	
Concerts					
Classical concerts at the Kurhaus · www.grainau.de	•	•	•	•	
Spa concerts at the Kurhaus and Pavillon Mid-May to mid-September	•	•	•	•	
Crazy golf	•	•	•		
At the Kurpark · Waxensteinstr. Tel. +49 1 77 - 7 48 17 66					
Cross-country skiing	•				
12 km prepared trail · Classic and skating, with connection to Garmisch-Partenkirchen Floodlit trail at Untergrainauer Feld 6.00–8.30 pm					
Curling					
Grainau natural ice rink Open mid-December to around February Dates for guest curling: www.grainau.de	•				
Olympia-Eissportzentrum Am Eisstadion 1 · Garmisch-Partenkirchen Tel. +49 88 21-75 32 91	•	•			
Cycling maps	•				
Available free of charge from the Tourist Information Office					
Dentist					
Dr. Becker Parkweg 4 · Grainau · Tel. +49 88 21 - 81338	•	•	•	•	
Deutsche Bahn	•	•			
Timetable enquiries: Tel. +49 8 00 - 150 70 90 Travel service: www.bahn.de					



					
Dialysis	•	•	•	•	
Praxis Dr. Töpfer Hauptstr. 34 · Garmisch-Partenkirchen					
Doctors					
GPs in Grainau Gemeinschaftspraxis Dr. med. B. Bezzel C. u. M. Wilsch · Loisachstr. 8 · Tel. +49 88 21-88 64	•	•	•	•	
Paediatricians in Garmisch-Partenkirchen: Dr. med. G. Steinberg St.-Martin-Str. 2 · Tel. +49 8821-967100	•	•	•	•	
Dr. Simone und Daniela Wohlmann Achenfeldstr. 14 · Tel. +49 88 21-3740	•	•	•		
Dentist in Grainau Dr. med. dent. D. Becker · Parkweg 4 · Tel. +49 8821-81338	•	•	•	•	
Dog minding	•	•			
Simone Meyer Zugspitzstr. 68 · www.simones-gassi-dienst.de More on page 51					
Emergency services	•	•			
Police · Tel. 110 Fire Department · Tel. 112					
Fishing	•				
More on page 26					
Fitness studio	•	•			
Indoor Sports Grainau Eibseestr. 65 · Grainau www.sport-roesner.de · More on page 28					
Floodlit cross-country skiing trails		•			
Untergrainauer Feld, floodlit Circuit: 6 to 8.30 pm · More on page 33					
Floorball	•	•			
Indoor Sports Grainau Eibseestr. 65 · Grainau www.sport-roesner.de · More on page 28					
Flying Fox	•				
Olympiastadion/Skistadion www.flyingfox-gap.de · s. Seite 23					

					
Folklore evenings	•		•	•	•
Musikpavillon Grainau Dates at www.grainau.de					
Folklore theatre					
Bauerntheater Grainau · Season: June–October See the posters for dates or visit www.bauerntheater-grainau.de	•		•	•	•
Partenkirchner Bauerntheater Ludwigstr. · Gasthof Rassen · See the posters for dates or visit www.partenkirchner-bauerntheater.de	•	•	•	•	
Game feeding					G
Kramerplateau Garmisch-Partenk. · from 26 December until the end of February · Show feeding Thursday–Sunday More on page 35	•	•	•		
Garages	•	•	•	•	
J. Ruf · Loisachstr. 10 · Tel.+49 8821-81749					
Golf	•				
18-hole course in Oberau Tel. +49 88 24-8344 9-hole course in Wallgau Tel. +49 88 25-21 83 9-hole course in Ehrwald (A) Tel. +43-56 73 23 09					
GrainauCard	•	•			
www.grainaucard.de · More on page 12					
Gymnastics	•	•			
Indoor Sports Grainau Eibseestr. 65 · Grainau +49 88 21 - 8 19 77 · www.sport-roesner.de More on page 28					
Hairdresser's	•	•	•	•	H
Elisabeth's Frisierstube Waxensteinstr. 18 · Tel. +49 88 21-813 93 More on page 36					
Salon Setzer Alpispitzstr. 4 · Tel. +49 88 21-89 73					

					
Hang-gilding					
Gliding areas Garmisch-Partenkirchen · Osterfelderkopf/Wank Oberammergau · Laber	•	•			
Tandem flight	•	•			
Aerotaxi Garmisch-P. · Tel. +49 171-281 91 99					
Flugschule Brunner Garmisch-Partenkirchen · Tel. +49 162-250 55 55					
Schule	•				
Flugschule Michael Brunner Garmisch-P. · Tel. 01 62-250 55 55 · s. Seite 29					
Alpensport Total Marienplatz 18 · Garmisch-P. · Tel. 0 88 21-14 25					
Hiking information					
Hiking guides Available from the Tourist Information Office www.grainau.de					
Hiking maps Available from the Tourist Information Office www.grainau.de					
Horse-drawn carriage and sleigh rides	•	•			
Anton Pfanzelter · Carriage/sledge rides Grainau · Tel. +49 157 - 84 06 57 11					
Horse riding	•	•			
Bichlerhof Garmisch-Partenkirchen Hausberg 10 · Tel. +49 88 21 - 17 69					
Igloo Village		•			
At the Zugspitze · Plateau · www.iglu-dorf.com					
Indoor climbing					
DAV Boulderhalle Garmisch-P. · Klammstr. 47 · Tel. +49 88 21 - 9 43 64 46 More on page 17	•	•			
Kletterhalle Ehrwald Austria · Hauptstr. 21 · Tel. +43 - 5 67 32 11 93	•	•			
Indoor football	•	•			
Indoor Sports Grainau Eibseestr. 65 · Grainau +49 88 21 - 8 19 77 · www.sport-roesner.de More on page 28					

					
Internet cafés in Garmisch-Partenkirchen					
Hobi's Internetcafé · Zugspitzstr. 2 · Garmisch-P.	•	•	•	•	
Ratscafé · Rathausplatz 9 · Garmisch-P.	•	•	•	•	•
Kids' birthdays	•	•			
Indoor Sports Grainau Eibseestr. 65 · Tel. +49 88 21 - 8 19 77 www.sport-roesner.de · More on page 28					
Kneipp facility	•		•		
Water treading pool at the Kurpark pond					
Library	•	•	•	•	•
Kurhaus Grainau Parkweg 8 · Tel. +49 88 21 - 98 18 67 Opening times Tue 9-11 am/3-5 pm, Thu 4-6 pm Second-hand book flea market open daily					
Local public transport					
EVG/bus · Garmisch-Grainau Route: Grainau-Garmisch · More on page 67	•	•	•	•	•
BZB/train · Garmisch-Eibsee Route: Grainau-Garmisch · More on page 67	•	•	•	•	•
GrainauCard and ZugspitzCard holders are entitled to use this service free of charge.					
Lost & Found	•	•	•	•	•
Grainau Municipal Office Am Kurpark 1 · Tel. +49 88 21-98 18 20					
Massage					
Gamböck Parkweg 8 (im Kurhaus) · alle Kassen Tel. 0 88 21 - 8 12 74	•	•	•	•	
Händel Baderseeweg 2 · Private patients Tel. +49 88 21 - 98 55 50	•	•			
Hein Kerstin Loisachstaße 23 · Private patients Tel. +49 88 21 - 9 66 92 81	•	•			
Stitz Jennifer Waxensteinstr. 46 · Private patients Tel. +49 88 21 - 9 26 17 23 · More on page 36	•	•			
Hirschmann Martina Waxensteinstr. 7 · Private patients Tel. +49 88 21 - 727 87 77	•	•			

					
Motorboat cruises	•				
Eibsee · Operates May–September www.eibsee.de · More on page 29					
Mountain guides	•	•		•	
Die Werdenfeler Bergführer · List of all mountain guides · Tel. +49 151-51680192 www.bergfuehrer-werdenfels.de					
Mountain Rescue	•	•			
Hotline 0 88 21 – 36 11					
Municipal Office	•	•	•	•	•
Grainau Town Hall Am Kurpark 1 · www.gemeinde-grainau.de Opening times: Mon– Fri 8.00 am–12 pm; Tue and Thu 2.00 pm–5.00 pm					
O Outings	•	•	•	•	
Information in Reisebüro Hager Waxensteinstr. 44 · Tel. +49 8821-8008					
P Paragliding	•	•			
Garmisch–Partenkirchen Osterfelderkopf/Wank Oberammergau Laber More on page 29					
Pharmacies	•	•	•	•	•
Zugspitz-Apotheke Unterer Dorfplatz 1 · Tel. +49 8821-8832 www.zugspitz-apotheke.de					
Physiotherapy	•	•	•	•	
Hans Govers · Eibseestraße 33 · Tel. +49 88 21 – 8 27 08					
Playgrounds	•		•	•	
Adventure playground · At Zugspitzbad (car park)					
Adventure playground · At the outdoor swimming pool · Zugspitzbad	•		•		
Playground Eibsee–Alm · At Eibsee	•		•	•	
Playground Badersee · Hotel am Badersee	•		•	•	

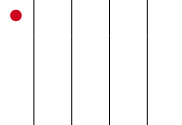
					
Podiatry					
Gamböck Elisabeth Parkweg 8 · Tel. 0 88 21-812 74	•	•	•	•	
Hein Kerstin Loisachstr. 23 · Tel. +49 88 21-966 92 81 · House calls	•	•	•	•	
Stitz Jennifer Waxensteinstr. Tel. +49 88 21-926 17 23 House calls · More on page 36	•	•	•	•	
Police					
Police Station Garmisch–Partenkirchen Münchner Str. 80 · Tel. +49 88 21 – 91 70	•	•			
Public toilets					
Toilets, accessible toilets and child changing units: Kurhaus Grainau Parkweg 8 · Open daily from 9.00 am to 7.00 pm	•	•	•	•	•
Musikpavillon, in the Kurpark Open daily from 9.00 am to 5.30 pm (summer)	•		•	•	•
Public Internet access – Wi-Fi					
Kurhaus Grainau · Reading room Daily from 8.30 am to 6.00 pm	•	•	•	•	•
Zugspitzbad Grainau · Opening times, swimming pool More on page 20–21	•	•	•	•	
Unterer Dorfplatz · In front of the Tourist Information Office	•	•	•	•	•
Rafting	•				
Wildwasserschule Sprenzell Garmisch–Partenkirchen · Tel. +49 88 21 – 5 20 33					
Railway stations					
Bayerische Zugspitzbahn stations Hotline +49 8821-7970 · Garmisch–P. · Hausberg Kreuzeck · Hammersbach · Grainau · Eibsee	•	•	•	•	•
DB railway stations · Untergrainau stop Direction of Außerfern and Garmisch–Partenkirchen	•	•	•	•	•
Reading room	•	•	•	•	
At Kurhaus Grainau Open daily from 9.00 am to 6.00 pm					



Rope course

Kletterwald oberhalb der Wankstation

Garmisch-Partenkirchen · Tel. +49 170-634 96 77
www.kletterwald-gap.de · More on page 23



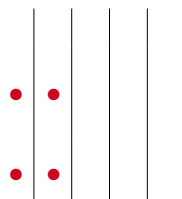
Sauna

Zugspitzbad Grainau

Parkweg 8 · Tel. +49 88 21 - 91 18 26
 More on pages 20-21

Indoor Sports · Eibseestr. 65 · Grainau

www.sport-roesner.de · More on page 28



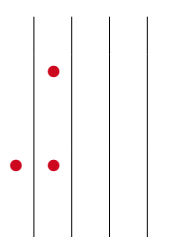
Skating

Grainau natural ice rink

Open mid-December to around February
 Skate hire at the rink · Tel. +49 88 21-98 18 33

Olympia-Eissportzentrum

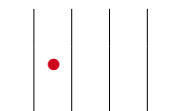
Am Eisstadion 1 · Garmisch-Partenkirchen
 Skate hire at the rink · Tel. +49 88 21-75 32 91



Ski hire

Skiverleih Zugspitze

Zugspitzblatt · Tel. +49 88 21 - 9 69 29 90



Ski schools with ski hire

Grainau:

Skischule Zugspitze

Unterer Dorfplatz 5 · Tel. +49 88 21 - 84 66
 More on page 31

Garmisch-Partenkirchen:

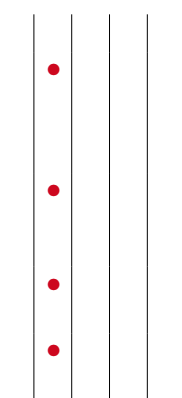
Skischule Alpin · Reintalstr. 8 · Tel. +49 88 21 - 88 83
 More on page 30

Skischule Garmisch-Partenkirchen

Am Hausberg 4 · Tel. +49 88 21 - 49 31 · More on 32

Skischule Spenzel

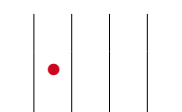
Alpspitzstr. 16 · Tel. +49 88 21 - 14 96



Sledge hire

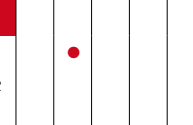
Skischule-Zugspitze

Unterer Dorfplatz · Tel. +49 88 21 - 84 66 · More on page 31



Snowshoe/hiking

Guided tours · Information at www.grainau.de
 Leaflet available from the Tourist Information Office
 More on page 33



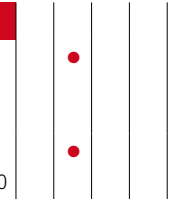
Snowshoe/hire

E. Schönach

Available for a fee · Oberer Dorfplatz 1
 Tel. +49 88 21 - 89 48

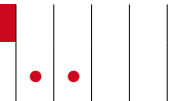
Tourist Information Office

Available for a fee · Parkweg 8 · Tel. +49 88 21 - 98 18 50



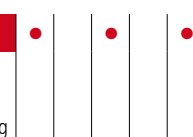
Squash

Indoor Sports Eibseestr. 65 · Grainau
www.sport-roesner.de · More on page 28



Street curling

Asphalt court at the outdoor tennis courts
 on Eibseestr.
 Check the calendar for the dates of guest street curling



Sub-post office

Fleckerlladen Hildebrandt

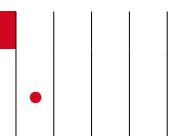
Unter Dorfplatz 2 · Tel. +49 88 21 - 98 51 01



Summer tobogganing

Summer toboggan run

Garmisch (next to the ski stadium)
 Tel. +49 88 21 - 56 67 68



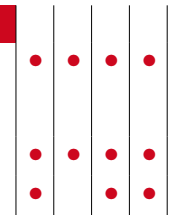
Swimming pool

Zugspitzbad Grainau

Parkweg 8 · Tel. +49 88 21 - 98 18 26
 More on pages 20-21

Alpspitz-Wellenbad · Garmisch-P.

Kainzenbad, natural lido · Garmisch-P.



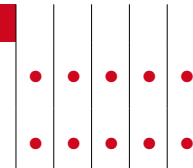
Taxi






Taxi Hager

Waxensteinstr. 44 · Grainau · Tel. +49 88 21 - 80 8

Taxi Centre

Marienplatz · Garmisch · Tel. +49 88 21 - 24 08



					
Tennis					
Indoor: Indoor Sports · Eibseestr. 65 · Grainau www.sport-roesner.de · More on page 28	•	•			
Outdoor: Sporer Ch. · Eibseestr. · Tel. +49 170-5248877	•				
Eibsee-Hotel Please book at reception · Tel. +49 88 21 - 9 88 10	•				
Theatre					
Folklore theatre/Popular theatre Bauerntheater Grainau Season starts in June · Tel. +49 88 21 - 98 18 50	•		•	•	•
Bauerntheater Partenkirchen All year · Tel. +49 88 21 - 5 96 85	•	•	•		
Performing arts: Kleines Kurtheater Am Kurpark · Garmisch-P. · Tel. +49 88 21 - 8 11 73	•	•	•		
Timetables	•	•			
All timetables are available from the Tourist information Office					








BUNTES VERGNÜGEN

SPIELBANK GARMISCH-PARTENKIRCHEN

  spielbankenbayernblog.de

Glücksspiel kann süchtig machen. Spielteilnahme ab 21 Jahren.
Informationen und Hilfe unter www.spielbanken-bayern.de

					
Toboggan hire					
Tourist Information Office Available for a fee · Parkweg 8 · Tel. +49 88 21 - 98 18 50	•				
Toboggan runs	•				
Natural toboggan run · Am Brandweg · More on page 35					
Toilets/accessible toilets (public)					
Kurhaus Grainau Parkweg 8 · Open daily from 9.00 am to 7.00 pm	•	•	•	•	•
Musikpavillon im Kurpark Open daily from 9.00 am to 5.30 pm in the summer	•		•	•	•
Zugspitzbad Grainau Parkweg 8 · for visitors to the swimming pool and sauna · More on pages 20-21	•	•	•	•	•
Topical trails					
More on page 17					
Travel agency/Excursions	•	•	•	•	•
Reisebüro Hager · Waxensteinstr. 44 Tel. +49 88 21 - 80 08					
Vets					
Dr. med. vet. Kieser Hauptstr. 58 · Garmisch-P. · Tel. +49 88 21 - 9 39 20	•	•			•
TAP Werdenfels Gehfeldstr. 1 · Garmisch-P. · Tel. +49 88 21 - 5 88 70	•	•			•
Emergency hotline · Tel. +49 0172 - 8 30 84 84	•	•			•
Weather					
Zugspitze weather report · Tel. +49 88 21 - 79 79 79	•	•			
Local weather report · www.wetter.com	•	•			
Weekly market					
Thursday · Garmisch-P. · Ludwigstr.	•	•	•	•	•
Friday · Garmisch-P. · Pedestrian zone	•	•	•	•	•

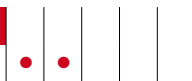
Whitewater rafting school

S. Sprenzel · Garmisch-P. · www.sprenzel-sport.de



Whitewater routes

Obere Loisach · More on page 26



Zugspitze rack railway

Olympiastraße 10 · Garmisch-P. · www.zugspitze.de



Eibsee bus

Free transport for guests with the *GrainauCard*

Route: Grainau–Garmisch

Route: Garmisch–Eibsee

Stops: spread through the town; shown on the town map

Timetables are available from the Tourist Information Office



Ski shuttle bus

Free transport for guests with the *GrainauCard*

Route: Grainau–Hausberg

Route: Hausberg–Grainau

Stops: Railway station U.–Grainau, U.–Grainauer Feld,

Badersee, U.–Dorfpl., Zugspitzbahn,

Hotel Post, Schwarzenkopfweg, Höllentalstraße,

Wankstraße, Knappenweg and Schmölz (Campsite).

Leaflets and timetables are available from the Tourist Information Office



Zugspitze rack railway

Free transport for guests with the *GrainauCard*

Route: Grainau–Garmisch

Route: Garmisch–Eibsee

Stops: Eibsee, Grainau, Hammersbach, Kreuzeck, Hausberg, Garmisch

Timetables are available from the Tourist Information Office





... The Grainau Hiking Guide

...The Geological Hiking Guide

...The "Legendary Mountain Forest"

...The Field Name Brochure

...The Hiking Pass

...The Compass Hiking Guide

...The Adventure Trail "Climate & Water"

...The Cycling Map

Gift ideas for your loved-ones

Cloth bag	€ 2.00
Umbrella	€ 9.00
Towel	€ 8.00
Key fob "Felt"	€ 9.50
Key fob "Wood"	€ 5.00
Felt bag	€ 12.50
Coffee mug "Nostalgia"	€ 8.50
Teddy	€ 7.90
Piccolo	€ 2.50
Cookery book	€ 13.90
Nostalgia poster	€ 5.00
Nostalgia postcard	€ 1.00
Backpack	€ 9.50








You will find these and other items at the Tourist Information Office.



GRAINAU
DAS ZUGSPITZDORF

					
Garmisch-Partenkirchen					
Bichler Hof – Riding school Hausberg 10 · 82467 Garmisch-Partenkirchen Tel. +49 88 21-17 69 · www.bichlerhof.com	•		•		
Toboggan run and museum Am Riessersee · 82467 Garmisch-Partenkirchen Tel. +49 88 21-25 53 · www.scr-bob.de	•	•			•
Bungee trampoline Karl-Martin-Neuner-Platz 3 · 82467 Garmisch-P. Tel. +49 88 21-56 676	•		•		
Werdenfels Castle ruins 82467 Garmisch-Partenkirchen; hikes start at Schmölzersee or Pfliegersee carparks · www.gapa.de	•	•			•
King's House on Schachen Am Kreuzeck 2 · 82467 Garmisch-Partenkirchen, Tel. +49 172-87 68 868 · www.schachenhaus.de	•				•
Kössler's Zugspitzgolf (crazy golf) Klammstr. 18 · 82467 Garmisch-P. · Tel. +49 88 21-910-0	•		•		•
Aschenbrenner Museum Loisachstraße 44 · 82467 Garmisch-Partenkirchen, Tel. +49 88 21-73 03 105 www.museum-aschenbrenner.de	•	•	•		
Richard Strauss Institute Schnitzschulstr. 19 · 82467 Garmisch-Partenkirchen Tel. +49 88 21-91 05 950 www.richard-strauss-institut.de	•	•			•
Ski jump Karl-und Martin-Neuner-Platz · 82467 Garmisch-P. Tourist Information Office Ga.-Pa · Tel. +49 88 21-18 07 00	•	•			•
Summer toboggan run Garmisch Karl-Martin-Neuner-Platz 3 · 82467 Garmisch-P. Tel. +49 88 21-56 676 · www.sommerrodelbahn-gap.de	•				
Werdenfels Folklore Museum Ludwigstraße 47 · 82467 Garmisch-Partenkirchen Tel. +49 88 21-75 17 10 · www.werdenfels-museum.de	•	•	•		
Oberau					
Crib Museum Exhibition Schmiedeweg 3 · 82496 Oberau · Tel. +49 88 24-93 973 www.reindls.de/de/krippenmuseum-oberau	•	•	•		•

					
Ettal/Oberammergau					
Alpine Coaster Oberammergau Kreislainenweg · 82487 Oberammergau Tel. +49 88 22-47 60 · www.kolbensattel.de/alpine-coaster	•				•
Ettal Abbey Kaiser-Ludwig-Platz 1 · 82488 Ettal Tel. +49 88 22-74-0 www.kloster-ettal.de	•	•	•	•	
Reptile House Oberammergau Lüftlmalereck 5 · 82487 Oberammergau Tel. +49 88 22-14 77 · www.reptilien-haus.de	•	•			
Ettal Show Dairy Mandlweg 1 · 82488 Ettal Tel. +49 88 22-92 39 26 · www.schaukaeserei-ettal.de	•	•			
Linderhof Palace Linderhof 12 · 82488 Ettal Tel. +49 88 22-92 03-0 · www.linderhof.de	•	•	•	•	
Erlebnisberg Steckenberg Liftweg 1 · 82497 Unterammergau Tel. +49 88 22-40 27 · www.steckenberg.de	•	•			•
Steckenberg Petting Zoo Liftweg 1 · 82497 Unterammergau Tel. +49 88 22-40 27 · www.steckenberg.de	•				
Mittenwald					
Barefoot hiking trail at Kranzberg 82481 Mittenwald · Tel. +49 88 23-33 981 www.barfusspark.info/parks/mittenwald.htm	•				•
Violin-Making Museum Mittenwald Ballenhausgasse 3 · 82481 Mittenwald Tel. +49 88 23-25 11 www.geigenbaumuseum-mittenwald.de	•	•	•		•
Schmalensee Stud Farm Am Schmalensee 1b · 82491 Mittenwald Tel. +49 88 23-23 54 · www.schmalensee-gestuet.de	•	•	•		
Leutascher Geisterklamm Ravine 82481 Mittenwald · Tel. +49 88 23-13 52 www.leutasch-klamm.de	•				
Murnau					
Müntherhaus Painting Exhibition Kottmüllerallee 6 · 82418 Murnau Tel. +49 88 41-62 88 80 · www.muenter-stiftung.de	•	•	•		
Murnau Palace Museum Schloßhof 2-5 · 82418 Murnau · Tel. +49 88 41-47 62 01 www.schlossmuseum-murnau.de	•	•	•		

Großweil/Kochel/Ohlstadt					
Bavariacraft raft trips 82441 Ohlstadt · Tel. +49 88 41-67 69 87-0 www.bavariacraft.de	•				
Franz Marc Museum Kochel Franz Marc Park 8-10 · 82431 Kochel am See Tel. +49 88 51-92 48 80 · www.franz-marc-museum.de	•	•	•		
Glentleiten Open-Air Museum (see advert below) Glentleiten Open-Air Museum in the District of Upper Bavaria An der Glentleiten 4 · 82439 Großweil Tel. +49 88 51/185-0 · www.glentleiten.de	•	•	•	•	
Kaulbach Villa Village Museum Von Kaulbach-Str. 22 · 82441 Ohlstadt Tel. +49 88 23-12 40 www.ohlstadt.de/de/kaulbachvilla.html	•	•	•		
Schwaiganger State Stud Farm Schwaiganger 1 · 82441 Ohlstadt · Tel. +49 88 41-61 36-0 www.lfl.bayern.de/lvzf/schwaiganger	•		•	•	
Walchensee Power Station Altjoch 21 · 82431 Kochel a. See · Tel. +49 88 51-77 225 www.uniper.energy/de/unser-geschaeft/unserestandorte/walchensee.html	•	•			






Glentleiten: mitmachen, zuschauen und erleben!



Entdecken Sie hoch über dem Kochelsee über 60 historische Gebäude in herrlicher Natur. Es gibt viele Aktionen während der Öffnungszeiten von März - November: [Vorführungen](#) | [Musik](#) | [Geocaching](#) | [Kinderaktivitäten](#) | [Tiere ...](#) www.glentleiten.de


Freilichtmuseum
Glentleiten

bezirk  oberbayern

In and around Munich					
Bavaria Filmstadt Bavariafilmplatz 7 · 82031 Munich-Geiselgasteig Tel. +49 89-64 99 20 00 · www.filmstadt.de	•	•	•	•	•
Visitors Park Munich Airport Nordallee 7, 85356 München · Tel. +49 89-97 54 13 33 www.munich-airport.de/besucherpark	•	•	•	•	•
Buchheim Museum Am Hirschgarten 1 · 82347 Bernried · Tel. +49 81 58-99 70 20 www.buchheimmuseum.de	•	•	•	•	
Deutsches Museum Museumsinsel 1 · 80538 Munich Tel. +49 89-21 79 333 · www.deutsches-museum.de	•	•	•	•	
Märchenwald Isartal Amusement Park Kräuterstr. 39 · 82515 Wolfratshausen Tel. +49 81 71-38 55838 www.maerchenwald-isartal.de	•		•	•	
SeaLife Munich Willi-Daume-Platz 1 · 80809 Munich Tel. 0 18 06-66 69 01 01 www.visitsealife.com/de/de/muenchen	•	•	•	•	
Munich Zoo Hellabrunn Tierparkstr. 30 · 81543 Munich · Tel. +49 89-62 50 80 www.tierpark-hellabrunn.de	•	•	•	•	
Austria					
Alpenzoo Innsbruck Weiherburggasse 37 a · A-6020 Innsbruck Tel. +43 51 22 92 323 · www.alpenzoo.at	•	•	•	•	
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